# April 2020

# THIS NEWSLETTER CONTAINS IMPORTANT INFORMATION ON HOW TO OBTAIN HELP DURING THIS DIFFICULT TIME, AND ALSO HOW YOU CAN HELP OTHERS. PLEASE READ AND KEEP SAFE

# Kempsford (with Whelford, Dunfield and Dudgrove) Parish Newsletter

# Does your neighbour need your help?

With the Covid-19 virus affecting people across the country, your neighbour may need your help if they become unwell.

Can you help your neighbour by:

- Making sure they have enough food and other general supplies to cover a few days there is no need to panic buy though
- **√**
- Making sure they have some simple recipes to hand, if they are not the normal chef or have done some batch cooking for the freezer
  - Walking their dog, picking up a prescription, putting out their bins or taking in a parcel
- Image: A start of the start of
  - Phoning, Skyping of facetiming them so they can see a friendly face, helping to reduce their isolation
  - Sharing child care or other caring responsibilities
- 1

Checking if any of their planned appointments have been cancelled before they travel

For the latest on Covid-19 visit www.nhs.uk

# KEMPSFORD PARISH COUNCIL

Clerk: Teresa Griffin, Winterwood, Whelford, Fairford, Glos. GL7 4EB Tel: 01285 713691 Email: clerk@kempsfordparishcouncil.net www.kempsfordparishcouncil.net

Parish Councillors	Email	Tel.	
Mr Tony Williams (Chair)	tonywilliams@kempsfordparishcouncil.net	01285 810628	
Mr Jerry Stokes (Vice-chair)	jerrystokes@kempsfordparishcouncil.net	07834 369645	
Mrs Christine Nugent	christinenugent@kempsfordparishcouncil.net	01285 810306	
Ms Alison Ward	alisonward@kempsfordparishcouncil.net	01285 810273	
Mrs Sue Griffin	suegriffin@kempsfordparishcouncil.net	01285 712979	
Mr Mark Strange	markstrange@kempsfordparishcouncil.net	01285 810635	
Mr Philip Nickson	philnickson@kempsfordparishcouncil.net	01285 810466	

#### PARISH COUNCIL MEETINGS

Please note that all Parish Council meetings and the Annual Parish Meeting have been postponed until further notice

#### Corona Virus

As we are now in uncertain times with regard to the Corona virus, we ask that all members of the community, who are willing and able, to act in a good caring neighbourly manner, particularly in support of the elderly and vulnerable of the Parish.

If you are in need of support or assistance telephone numbers and email addresses of Parish Councillors can be found above.

We trust everybody will remain safe and well.

Parish Council

# Friends of Fairford and Lechlade communities nurses

We have decided that as well as the normal palliative care visits we make we would be happy to visit any vulnerable isolated people in the villages.

If any of you know anyone who would benefit from a nurse visit our mobile number is 07938244335.

## Friends of Fairford and Lechlade Communities

Friends of Fairford and Lechlade Communities are in desperate need of drivers who are under 70 and have no underlying health issues. For those who are willing and able this need not be a permanent commitment, but just a means of helping the local community during a crisis.

Please contact Val Harvey on 07540798226

## Kempsford COVID-19 Community Support Group

Kempsford COVID-19 Community Support Group are here to offer anyone in the parish support during these unprecedented times.

If you are self isolating, high risk or having having difficulty getting out of the house we can help. One of the volunteer group can assist with picking up prescriptions, shopping, getting supplies etc.

Please contact Hannah Dickens on 07597625284

### MAY 2020 NEWSLETTER

Copy for the above Newsletter to Teresa Griffin by MONDAY 20TH APRIL 2020 PLEASE

Email: clerk@kempsfordparishcouncil.net

#### ST MARY'S KEMPSFORD WITH ST ANNE'S WHELFORD

Contact details for the parish Rev Canon John Swanton - 01285 851309 or john@swanton.plus.com Lay Preacher – Rob Mitchell 01285 712821 Church wardens: Elizabeth Emberson <u>dizzylizzie@sky.com</u> or Keith Howlett - 01285 712268 <u>keith.howlett1@btopenworld.com</u>

## It's a difficult time for all in our nation and around the world. The Bishop of St Albans has developed some 'Golden Rules' for this time:

Golden Rule One. Each one of us can think about how we can protect and support our neighbours. So much of the public rhetoric is sowing fear about the danger of other people. So, taking all the official precautions, offer help and reassurance to others – and don't demonise anyone or any group.

Golden Rule Two: Think about who may be suffering more than me. For those of us who are healthy there is much less to worry about but the elderly, the housebound and those with chronic health conditions may be very anxious. How about giving your friends a phone **call each day. There's nothing like a friendly voice to offer solace when someone is worried.** A smile can bring cheer, even on the phone. If you visit, follow all the official precautions or **don't go.** 

Golden Rule Three. Don't give into panic and start hoarding food. There is plenty to go around, so practise the Christian discipline of sharing. Ask your neighbours what they need and do you best to help them get it. If you are self-isolating you will of course need some supplies.

Golden Rule Four. Live today to the full. None of us ever know what the future holds. In the Sermon on the Mount (Matthew 6. 25 – 34), Jesus challenged his followers to live each day fully and not be afraid. Every time we are tempted to give in to fear we need to make a conscious choice to respond in trust and openness.

And, along with just over half the adults in the UK, don't forget to pray. Here's a suggestion from the Revd Louise Collins:

#### Dear God our Shield and our Defender,

guide and protect my neighbour in this time of health emergency; deliver them from all harm and may your love and care ever grow in this place. Through Jesus Christ, Our Lord, Amen.

If you do need help or assistance at this time, do get in touch.

*Contact - The Rev'd Canon John Swanton* 01285 – 851309 john@swanton.plus.com There are no services taking place at either St Anne's Whelford or St Mary's Kempsford.

At the moment funerals can take place and so Rev John Swanton should be informed about any death that occurs in this parish, for although this guidance may change.

The Lent Lunches and Good Friday Children's' Easter Craft Morning are also cancelled.

The South Cotswold Team Ministry, of which we are a part, are organising recorded "virtual" worship at home services for Sundays and these can be found at <u>https://www.chqchurches.net/</u>

There is a Facebook page set up by Hannah Dickens to connect the housebound and the self isolating in Kempsford with contact details of those who can run errands and collect prescriptions.

Whelford Women have set up a similar organisation so that as a community we can look after one another.

If you know of anyone who is experiencing extreme hardship, please make them known, in confidence, to the church wardens.

### KEMPSFORD VILLAGE WALK 17 MAY

Due to the ongoing lockdown and self-isolation measures the walk has been postponed. When we come out of this situation and things are back to normal we will let everyone know the re-scheduled date.

## KEMPSFORD PARISH COUNCIL

Clerk: Teresa Griffin, Winterwood, Whelford, Fairford, Glos. GL7 4EB Tel: 01285 713691 Email: clerk@kempsfordparishcouncil.net www.kempsfordparishcouncil.net

## **CLOSURE OF PARISH PLAY AREAS**

In light of the latest government advice on social distancing, and with limited chances of adequately sanitising outdoor equipment, the Parish Council have made the decision to close all of the children's play areas until further notice.

Please **DO NOT** use the playground equipment.





#### KEMPSFORD VILLAGE HALL CAFÉ

Due to the Coronavirus outbreak the café will be cancelled until further notice.

Keep safe and we look forward to seeing you all later in the year.

#### For Bookings, contact Kate Collins on 01285 810478 or email: villagehallbookings@kempsford.net

#### Kempsford Village Hall Committee Members

Hannah Dickens (Chair) *	Mark Britt (Vice-Chair) *	Pete Robinson (Fundraising Coordinator) $*$		
Caroline Gooch (Treasurer) *	Kate Collins (Booking Sec.) $*$	Amy Durban		
Joy Cross (Secretary) *	Louise Jeffrey (Safeguarding)	Mark Strange (Parish Council Rep)		
* Denotes Trustee				
To contact any Comm	nittee Member email: infokem	psfordvillagehall@kempsford.net		

contact any Committee Member email: infokempsfordvillagehall@kempsford.ne

New members are always welcome!

#### Whelford Welfare - 2020

23<sup>rd</sup> March 2020

Dear All,

Hope you are well. This newsletter is to let you know there is a team of people in Whelford who are here to help during this crisis. **So....** 

If you are Self isolating and need help, Whelford villagers are here...

- Join our WhatsApp Group (for Smart phone users only) Text Lindsey on 07775 698265 with your name and address. We have a large number of people using this group already some who can help with shopping, collecting prescriptions, posting mail etc others who are already self-isolating and are finding it a good way to get support and still feel part of the world outside.
- 2) Send an email to whelfordwelfaregroup@gmail.com This is being monitored daily and you can send an email if you need anything at all. Please provide your phone number so someone can call you back if needs be.
- 3) Give someone a call

If you don't have a smart phone or email then please call someone on the phone list that has been put through your door this week.

If you are able and can offer support then please

- 1) Join our WhatsApp Group Text Lindsey on 07775 698265 with your name and address
- 2) Send an email to <u>whelfordwelfaregroup@gmail.com</u>
- 3) Give someone a call From the list attached

There is help and support out there – and we may all need it at some point

#### Village Organisations & Useful Contacts

Church Wardens	Elizabeth Emberson	Email:dizzylizzy@sky.com	
	Keith Howlett		01285 712268
Church Choir	Mrs Cathy Stanford		713033
Church Bells	Iris Lewis		810770
Kempsford School	Mr Richard Mendum	(Head Teacher)	810367
Chairman of School Governors	Darren Jeffrey	chair@kempsford.gloucs.sch.uk	810875
Farmors School	Mr Matthew Evans (Head)		712302
Kempsford Village Hall Bookings	Kate Collins	villagehallbookings@kempsford.net	810478
Whelford Village Hall & bookings	Sue Griffin	374croft@gmail.com	712979
Kempsford Angling Club	Mr J Hussey		810446
Dance Classes at Kempsford V.Hall	Ms Gillian Shearing		01793 875934
Kempsford Brownies	Philippa Griffin	https://www.girlguiding.org.uk/	
Cricket	Anthony Axel-Berg		07766222951
Royal British Legion	Mr A Hill		810035
Soldiers, Sailors & Airman's Acc.(SSAFA)	Mr & Mrs A Hill		810035
Scottish & Southern Electricity			0800 072 7282
Thames Water			0800 316 9800
Non-emergency Police Contact			101
NHS 111 Service		(when less urgent than 999)	111
Environment Agency	Floodline-0845 9881188	General Enquiries -	03708 506 506
Bulk Refuse	(phone to book)		01285 623000
Highway Matters & Street Light Faults		highways@gloucestershire.gov.uk	08000 514 514
Kempsford Hand Bell Team (Beaubells)	Iris Lewis		01285 810770
Fairford Sports Centre			713786
Cotswold District Councillors	Steve Trotter	Steve.trotter@cotswold.gov.uk	07710 405323
	Stephen Andrews	Stephen.andrews@cotswold.gov.uk	01285 810663
Cotswold District Council			623000
Gloucestershire County Council			01452 425000
		Out of hours <u>Social Care issues only</u>	01452 614194
Gloucestershire County Councillor	Mr Raymond Theodoulou	raymond.theodoulou@gloucestershire	.gov.uk
			01285 752000
Constituency MP	Sir Geoffrey Clifton Brown	cliftonbrowng@parliament.uk	01242 514551
Parish Council Clerk (see Parish Council page for Councillors)	Mrs Teresa Griffin	teresagriffin@kempsfordparish Council.net	0781 8626158
Newsletter items	Mrs Teresa Griffin	As above	0781 8626158
Kempsford Website		www.kempsford.net	
Kempsford Parish Council Website		www.kempsfordparishcouncil.net	

Kempsford



